

February 2019

The Ashland City Gazette

The Senior Center at Ashland City TN. 104 Ruth Drive Ashland City TN 37015 615-792-3629



Celebrating February

Chinese New Years
5th

Wear Red for Heart
Health
8th

Valentine's Day
14th

The Center will be
closed
President's Day
18th

Happy
Valentines
Day

Chinese Culture and New Year

February 5th will begin Chinese New Year's. Join us to learn culture and customs of their holiday. Presentation will begin at 11:45

Love Is in The Air"

On February 14th the lunch bunch will go back in time to valentine swapping. There will be a decorated bag on the back of each chair. Anyone can put a valentine card, a treat, or small item inside. You can bring one for each person or one for each person at your table. During lunch we will reminisce and have some valentine fun.

Time to Travel

TRAIN EXCURSION Saturday March 30th we will be taking a Train Excursion to Watertown. The price of the trip will be \$45.00 per person. We are now taking reservations. All monies are due by March 10th or your seat will be sold. There are absolutely no refunds on tickets once purchased from TRC.

COLUMBUS INDIANA: April 10 -12. Information for this trip is on page 3.

Storytelling and Hideaway Farm – April 29 The home that was Johnny Cash's getaway. See a concert by Cash's nephew, Mark Allen Cash and friends. Tour the museum with memorabilia from Johnny Cash, Minnie Pearl, Elvis Presley and more. Visit the Hideaway Farm house for a hot meal and dessert. Price for the trip is \$40.00 per person. We are now taking reservations.

Surveys

It is that time of year again when we are asked by GNRC to conduct a survey of our members. Please fill out the survey and return to the Senior Center by March 31st. If you can't print this, copies will be available at the center. We appreciate your cooperation and continued support.

Looming Class

**Fingerless Gloves
February 22nd 9 -11**

You will need 5/8 gauge yarn and infant or green loom. Call the senior center to register.

Beginners welcome

1st Saturday Garden Club

It is now enrollment time for the garden club. If you are interested in becoming a member see Caroline Borum, Betty Harris, or Melissa Womack. The club will be going to the Lawn and Garden Show on Friday March 1.

Needs of the Center

**Furniture Polish
Bleach, Kleenex
Lysol or Clorox wipes
Clorox Bathroom Cleaner
Sugar
Coffee
Coffee Creamer**

**Thank you for assisting in keeping
our center a clean environment.**

Health Corner

Harmonica Class Tuesdays --10:15

Lunch and Learn – Eat Smart – 11th – 11:45

**Lunch and Learn w/ Rachel – 5 numbers for a
healthy Heart - 28th – 11:45**

Smile on 60 Plus

Nicki Raines from Smile on 60 Plus will be here Tuesday February 5th at 9:00. She will be conducting interviews for eligibility for the Dental program. Please see Kathy for details and to schedule an appointment. Funding for this program has been provided by the Cheatham County Lions Club.

**Please get your appointment scheduled
now with Kathy 615-792-3629**

SAVE THE DATE!!

**Mardi Gras Celebration
Thursday March 7th, 1:00**

**Come dance to the sounds of
Rebel Reunion 2**

**Food, Fun, and Fortune Telling
by Madame Kolombina**



Costumes Welcomed

Trip to Columbus Indiana

April 10 -12th

Travel to Columbus Indiana

The trip will include

Tour of the Miller House and Gardens, designed by legendary architect, Eero Saarinen

Tour of the Cummins Midrange Engine Plant and walk along as a Dodge Ram engine is assembled

**Tour the Atterbury Bakalar Air museum Featured at the Air Museum
The museum will educate and inspire you about the history, photos and personal stories of those who served. You can learn about World War II Glider pilots, the Tuskegee Airmen, 2466th, 434th, 71st Special Operation Squadron in Vietnam, the base, the leaders, the airmen, the equipment, the aircraft, and The Indiana Aviation Wall of Fame.**

Visit the stables of Justin the Artistic Horse and watch as he paints you a picture

Enjoy an Architectural tour with a step on guide as you see 50 notable works of public art

Visit Simmons Winery

Established in June 2000, Simmons Winery is located Northeast of Columbus on the family's 115 year old farm. Taste a wide variety of red, white, and blush wines as you look over the vineyards surrounding the winery. Enjoy free wine samples as you browse through wine related gift items

Spend free time to shop downtown Columbus where you may choose to stop in Zaharakos Soda Fountain and Museum.

This place has been in business since 1900. You can step back in time and hear the Orchestration, eat lunch and indulge in some homemade ice cream or visit another local restaurant for lunch and be sure to save time to explore the downtown district.

Indulge in a trip to Indiana's largest Outlet and Antique Mall.

The following meals are included.

Lunch buffet at the Golden Corral in Clarksville, Indiana on Wednesday and dinner at Montana Mikes Steak house in Edinburgh on Thursday evening.

We will spend 2 nights at the Comfort Inn at Edinburgh, with a complimentary happy hour from 6-8 on Wednesday and Thursday night, and breakfast on Thursday and Friday morning.

Don't forget your swim suit to enjoy the indoor pool.

There is a reserved room for the group to enjoy socializing and card playing.

\$345.00 per person / double

**Come go with us
and
"Let the Good Times Roll"**

**The Senior Center @ Ashland City
Senior Center Satisfaction Survey**

**Please Return To The Senior Center No Later Than March 31st
(ALL ANSWERS TO THE SURVEY WILL BE CONFIDENTIAL)**

1. How often do you usually come to the Senior Center?

2. If you do not visit the Senior Center, what are your reasons for not attending?

3. If you do visit the Senior Center, what are your reasons for visiting?

4. How would you rate the Senior Center programs, services and staff?

5. How satisfied are you with the physical site of the senior Center (e.g adequate room, attractiveness of the center, lighting, cleanliness, temperature)?

6. How satisfied are you with the programs & activities of the Center?

7. What programs, activities, events would you like to see added/provided?

8. Is there anything you would like to see done differently?

9. What is your race/ethnicity? (African/American, Caucasian, Hispanic, etc)

10. What is your age range? (50-60, 60-70, 70-80, 80-90, Over 90)

11. What is your gender?

FEBRUARY BIRTHDAYS

Mattie Hudgens	1
Mike Glasgow	2
Richard Dittman	3
Eddie Kerr	3
Linda Lee	3
Amelia Wrye	4
Linda Johnson	5
Steve Temple	5
Donna Waggoner	5
Brenda Wiser	5
Ann Darden	6
Sandra Davenport	6
Brenda Jerik	6
Myrtle Morgan	6
Pam Jones	7
Glenda Shearon	7
Daisy Potts	8
Ruby Alexander	9
Alice Bedwell	9
Mike Childress	10
Diane Meadows	10
Brenda Presson	10
Jane Bradley	12
Helen Hall	12
Betty Ridder	13
Diane Skelton	13
Susan Smith	13
Peggy Osborne	14
James Smith	14
Cindy DeMott	15
April Esquivel	15
Linda Groves	15
Bobbie Sue Hunter	15
Vickie Richardson	15
Patsy Smiley	15
Mallarie Drake	16
Jean Wright	16
Linda Carney	17
Rick Hannah	17
Harriett Van Pelt	17
Ada Walker	17
Jane Crisp	18
Laura Yarnes	18
Betty Broz	19
Ronald Campbell	19
Brenda Pursley	19
Shelley Alexander	20
Minnie Baker	20

Minnie Cauthon	20
Sandy Noe	20
Jerry (Buster) Biggs	21
Mary Johnson	21
Tammy Rich	21
William Davis	22
Danny Hollingsworth	22
Deborah Nalls	23
Linda Konkol	23
Ann Binkley	24
Deanne Troxel	24
Mary Balthrop	25
Stephanie Casey	25
Maria Elliott	26
Barbara Hollingsworth	26
Candace Holmes	27

